

Integrated Care Pathway

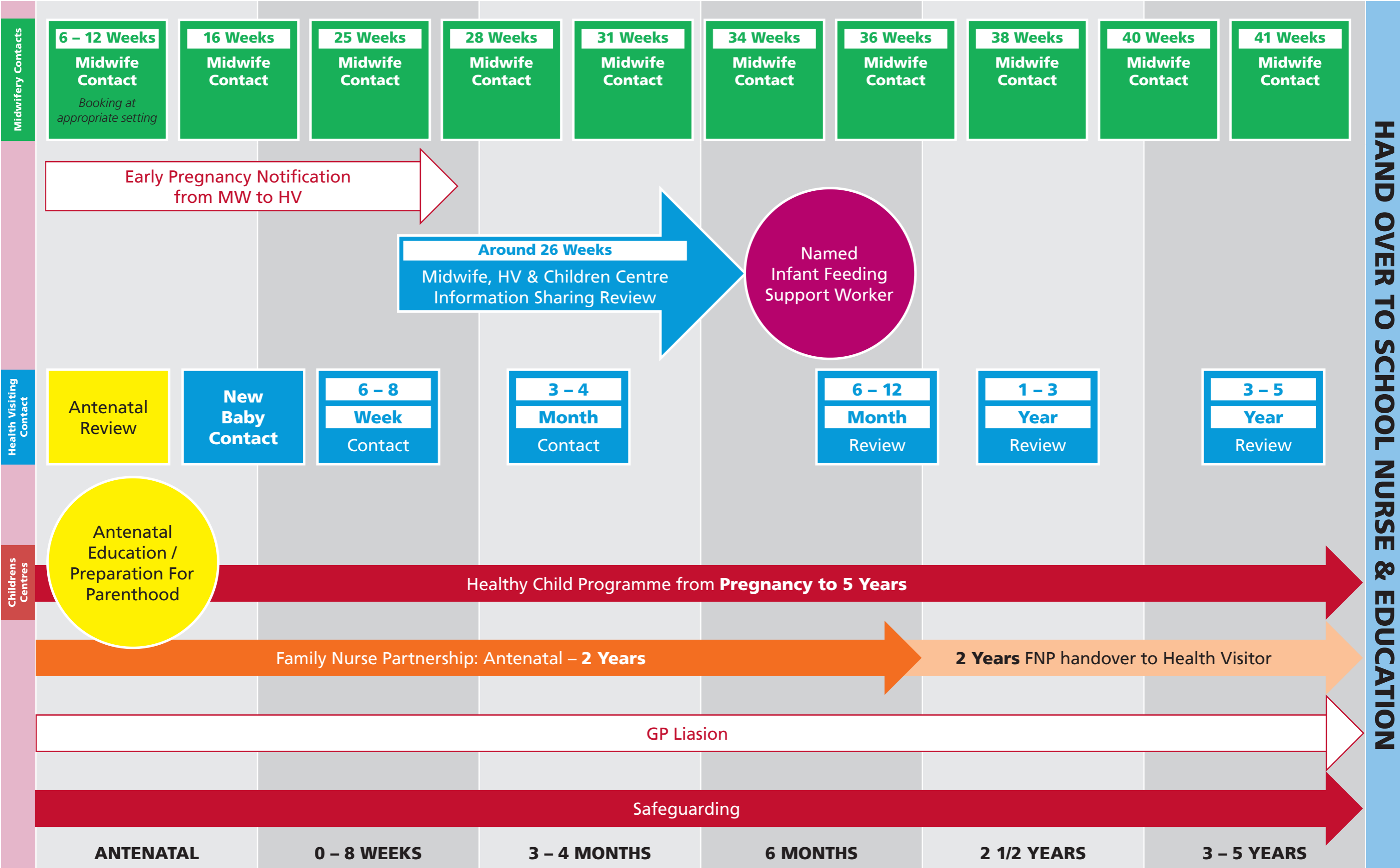
Delivering Health and wellbeing services
for children, young people and their
families within the Bradford District

June 2014



Becoming a Parent: Our Commitment to You

Midwifery, Health Visiting and Early Childhood Services



Midwifery Booking 6 – 12 Weeks

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Universal offer to all women. <p>Who delivers and where:</p> <ul style="list-style-type: none"> At a Children Centre (CC), but can also be at a GP surgery, community site or at the family home. Midwifery team to notify Health Visitors of booking. This enables seeking consent to share information and also registration with the Children Centre. 	<p>Midwife</p> <ul style="list-style-type: none"> Risk assessment. Promotion of health and well being. Preparation for parenthood. Breastfeeding information given. <p>Children Centre worker, (CCW) if applicable</p> <ul style="list-style-type: none"> Promote CC activities. Register with Children Centres. 	<ul style="list-style-type: none"> Health Visitor to make contact following pregnancy notification before the women are 26 weeks pregnant. Registration with CC enables establishment of relationship and awareness of local support services early. Early intervention to support family to meet identified needs. Parents' increased understanding of bonding and attachment and impact of environment to baby's welfare. 	<ul style="list-style-type: none"> CC leaflet. DOH (2011), Healthy Child Programme. Pregnancy Birth and beyond. Every Baby Matters. Midwifery 2020. Maternity and Early years – Making a good start to family life.

Midwifery, Health Visitor & Children Centre Review Around 26 Weeks

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Information sharing between Health visitor and Midwife. Does not have to be a face to face meeting. Health visitor to pass on relevant information to the Children centre. Children centre to coordinate invitation to the antenatal class. 	<ul style="list-style-type: none"> Information sharing between Midwife and Health Visitor. Health visitor undertakes an assessment based on available information to decide on the level of the HV Programme to be offered, i.e. universal or targeted. Health Visitor together with Children Centre to identify an infant feeding support worker for every pregnant woman. This can be anyone with appropriate training including volunteers. Children Centres to coordinate a list of Infant feeding support workers in the area. 	<ul style="list-style-type: none"> Robust information sharing contact by all three services. All pregnant women to have access to an infant feeding support worker during the ante natal period. 	<ul style="list-style-type: none"> Breastfeeding leaflet. Pregnancy, Birth and Beyond.

Antenatal Education Class

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Universal offer to all women, partners or significant others. <p>Who delivers and where:</p> <ul style="list-style-type: none"> At an appropriate venue. Ideally at a CC but can be at any community site; Evidenced based programme based on the principles of Pregnancy Birth and beyond programme delivered by appropriate staff. 	<ul style="list-style-type: none"> Promotion of health and well being i.e. smoking cessation, nutrition, immunisations and breastfeeding, keeping baby safe. Preparation for parenthood and emphasising role of parents as 1st educators. Reinforcing bonding and attachment. Promoting role of partners or significant others. 	<ul style="list-style-type: none"> Parental awareness of importance of secure attachment and bonding. Parents understanding of importance of healthy nutrition. Ability to recognise support structures and also draw on family resilience among other coping strategies. Formation of peer support and strengthening of community capacity. Improvement of breastfeeding rates. 	<ul style="list-style-type: none"> Pregnancy Birth and Beyond. Breastfeeding leaflet Department of Health. Every Baby Matters.

New Birth 10 – 14 days

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Universal contact by Health Visitor in the family home. 	<ul style="list-style-type: none"> Family needs assessment including, maternal mental health and support mechanisms. Health promotion information including, immunisations, sudden infant death syndrome, safe infant feeding and nutrition, smoking cessation, safety and promotion of healthy start. Infant cues and attachment Promotion of sensitive parenting and child development. 	<ul style="list-style-type: none"> Parents successfully responding to baby's needs and forming secure bonding and attachment. Parents providing a safe and healthy environment for their baby. Baby successfully meeting developmental milestones. 	<ul style="list-style-type: none"> DOH (2011) Healthy Child programme. Infant feeding leaflets. Parent Child Health Record. BDCT Well Child Pathway Core Standards.

Children Centre 0 – 8 weeks

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Access to Children Centre provision and activities. 	<ul style="list-style-type: none"> Promotion of local Children Centre activities by Health Visitor at the Birth Visit. Parenting and child development. 	<ul style="list-style-type: none"> Welcome to Children Centre activities. Information from Health Visitor's Birth visit counts as a contact for Children Centres as they get information from Child Health. 	<ul style="list-style-type: none"> Children Centre leaflets. Weaning Literature.

6 – 8 weeks

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Maternal mood assessment by a health Visitor, ideally in the family home. Universal contact. 	<ul style="list-style-type: none"> Assessment of parents physical and emotional well being. Review of child's growth and development. Discussion of infant cues and responding to baby. Bonding, attachment and encouraging play. Discussion of baby's developmental review by GP and immunisations. Safety. Discussion of neonatal blood spot results. 	<ul style="list-style-type: none"> Parents able to keep their baby safe. Baby achieving developmental milestones. Parents understand importance of secure attachment. 	<ul style="list-style-type: none"> NICE Guidelines. DOH (2011) Healthy Child programme. BDCT Well Child Pathway Core Standards.

3 – 4 months

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Maternal Mood assessment by Health Visitor, ideally in the family home. Universal contact. 	<ul style="list-style-type: none"> Expectations of infant development Play and interaction, Maternal mood assessment, Keeping baby safe, Check baby has had 6-8 week review and 1st immunisations. Keeping baby safe. 	<ul style="list-style-type: none"> Parents providing safe and healthy environment for their baby, Parents accessing local or CC services. If needed, parents referred for infant feeding support. 	<ul style="list-style-type: none"> DOH (2011) Healthy Child programme. BDCT Well Child Pathway Core Standards, NICE guidelines.

Children Centre 3 – 4 months

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Delivered by trained practitioner at an appropriate venue. 	<ul style="list-style-type: none"> Promotion of accessing CC services. Reinforcement of infant feeding guidance. Invitation to a weaning group. Advice given re: teething and dental health. Promotion of healthy lifestyles. Universal Home safety check by FSW. 	<ul style="list-style-type: none"> Reinforcement of weaning guidance. Encouragement of play and stimulation. 	

Review 6 – 12 months

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> Universal contact. At a children Centre but can also be at a community setting or in the family home if needed. For Complex families. This will need to be undertaken by a HV To be undertaken by CNN with appropriate training, following assessment of records/partnership information by HV prior to delegation. 	<ul style="list-style-type: none"> Assessment of child's growth and development. Health promotion, i.e. dental care, safety, healthy start, nutrition and socialisation. Family health needs assessment including maternal emotional well being. Playing tips, promoting Book start and sing with me DVD. Promoting the Early education entitlement. Infant feeding/weaning. 	<ul style="list-style-type: none"> Baby having positive impact on family, Baby achieving developmental milestones. 	<ul style="list-style-type: none"> DOH (2011) Healthy Child programme. BDCT Well Child Pathway Core Standards. Ages and stages questionnaire. Introduction to solids leaflet. Signpost parents to training and employment opportunities.

Children Centre 6 months

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> To be undertaken by a trained Children Centre practitioner ideally at a Children Centre. 	<ul style="list-style-type: none"> Early language development. Promoting sing with me DVD. Promoting play. 	<ul style="list-style-type: none"> Promotion of play and attachment. Promotion of a positive lifestyle and identification of baby's developmental milestones. 	

2 – 2.5 years

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> ● Universal contact. ● Ideally at a Children Centre but can also be at a community setting or in the family home. ● To be undertaken by a trained CNN or Children Centre practitioner with appropriate training. ● For complex families – review will be undertaken by an HV. 	<ul style="list-style-type: none"> ● Assessment of child's growth and development. ● Health promotion, i.e. dental care, safety-, including road safety information, healthy start, nutrition and socialisation. ● Family health needs assessment including maternal emotional well being. ● Promotion of Early Education entitlement. ● Promotion of Fluoride Varnish Programme. 	<ul style="list-style-type: none"> ● Child having positive impact on family. ● Child achieving developmental milestones. ● Family accessing Early education. ● Improved school readiness and socialisation ● Parents accessing training, employment and education opportunities. 	<ul style="list-style-type: none"> ● DOH (2011) Healthy Child programme. ● BDCT Well Child Pathway Core Standards. ● Ages and stages questionnaire.

Health Visitor Contact 3 – 5 years

Contact	Key messages	Outcomes	Policies & Literature
<ul style="list-style-type: none"> ● Universal contact. Ideally at a Children Centre but can also be at a community setting or in the family home. ● Where appropriate, this could also be undertaken in partnership with School Nurses. ● To be undertaken by a trained Children Centre Practitioner following assessment of records / partnership information by HV prior to delegation. ● For complex families, this will need to be undertaken by an HV. 	<ul style="list-style-type: none"> ● Assessment of child's growth and development and school readiness. ● Discussion around what to expect from school nursing services. ● Health promotion, i.e. dental care, safety, healthy start, nutrition and socialisation. ● Family health needs assessment including maternal emotional well being. ● Reinforcing positive parenting and lifestyle. 	<ul style="list-style-type: none"> ● Child having positive impact on family. ● Child achieving developmental milestones. ● Child ready for school and might be attending nursery provision or other socialisation settings. ● Health Visitor to hand over families of concern to School nurses in line with the BDCT Standards. ● School Nurse to contribute to a smooth transition to school programme where needed ideally in a Children Centre. ● Parents accessing training and employment opportunities. 	<ul style="list-style-type: none"> ● DOH (2011) Healthy Child programme. ● BDCT Well Child Pathway Core Standards. ● Ages and stages questionnaire.